SASKATOON metro®

Thou shalt take thy neighbour to court

As more of us choose to live in cramped condos, the number of residents turning to courts to settle fights is expected to go up PAGE 6

Power may cost you more

SaskPower customers could fork over additional money if a rate increase proposed by the Crown wins approval PAGE 2

TALKING TURKEY WITH AMY POEHLER

ANIMATED FILM FREE BIRDS FOLLOWS TWO TURKEYS WHO TRAVEL BACK IN TIME TO CHANGE THANKSGIVING PAGE 8

GOODWRENCH QUICK LUBE DRIVE-THROUGH
Includes:
- FAST RELIABLE while you wait in your vehicle service
- GM Trained Technicians
- Complete with oil, filter and lube the chassis
- Includes a 15 point GM Goodwrench inspection
- We will also top off fluids including w/s washer fluid

Starting At $49.95

OPEN
7:30am-4:30pm Mon.- Fri. • 8:00am-3:00pm Sat.

$10 OFF WITH COUPON OR MENTION OF THIS AD

WHEATON GMC•BUICK•CADILLAC

306.244.8131 | 2102 MILLAR AVENUE
WWW.WHEATONSASKATOON.COM

Thunder ends Saskatoon's junior football dynasty

On the field. Regina team shocks the home-side Hilltops to claim Prairie Football Conference title

SIMON HIATT
saskatoon@metronews.ca

The Saskatoon Hilltops' quest for a fourth straight national title came to an end on Sunday at the hands of the only team that had beaten them during the regular season — the Regina Thunder, who claimed the Prairie Football Conference championship with a 21-16 win.

Riding the strong rushing of tailback Nick Brown at Saskatoon's Griffiths Stadium, the Thunder took an early lead and held on to win their first PFC title. The victory puts Regina into its first national championship game on home turf, as the Thunder will tackle the Vancouver Island Raiders at Mosaic Stadium on Nov. 9.

"It's going to be so sweet to host it, and to prepare for a team from B.C.," jubilant Regina quarterback Asher Hastings said of the Canadian Junior Football League title game against the British Columbia squad. "We get to watch some tape on some guys other than the Hilltops. We're sick of these guys."

The Thunder moved the ball effectively in the first quarter into a stiff breeze, and recorded the game's first touchdown as Brown carried it in from five yards out to make it 7-1.

With the wind at their backs in the second quarter, the Thunder took advantage as placekicker William McGee hit a pair of field goals from 31 and 39 yards to make it 13-2.

An injury to Hilltops quarterback Matt Karpinka forced him from the game, and Saskatoon's offence struggled behind backup pivot Jared Andreychuk — recording only three first downs in the first half. Regina would take a 14-2 lead into the locker-room.

In the third quarter, Hastings continued his strong play, finding slotback Will Heyward for a 43-yard touchdown to extend the Thunder lead to 19 points.

Saskatoon finally got its offence going in the fourth quarter, as an Andre Lalonde touchdown run was set up by a 51-yard pass from Andreychuk to Evan Kopchynski.

Lalonde added another short rushing major to make it 21-16, but that was as close as they would come as Regina walked off the field as champions.

Regina Thunder tailback Nick Brown carries the ball in the first quarter against the Hilltops in the PFC final on Sunday at Griffiths Stadium in Saskatoon. The Thunder claimed the championship with a 21-16 win, ending Saskatoon's national dynasty. SIMON HIATT/METRO IN SASKATOON

Scary Clown Train, Zombie Babies, Asylum, Decor, Costumes and A Whole Lot More!
1000 locations across North America
FREE admission to the IN-STORE-EXPERIENCE
It's So Much Fun It's Scary!!
The Centre Mall (across from Shopper's)
Saskatoon • (306) 373-2957

20% OFF
Your most expensive item when you shop in-store with this coupon!
Not Valid With Any Other Promotion. Coupon Expires October 31st, 2013

NEWS 1

Taser rules not enough, CCLA says

Braidwood inquiry. Civil liberties group says policy is below recommendations

MORGAN MODJESKI
morgan.modjeski@metronews.ca

While Saskatoon police are confident that their policies on Tasers will address concerns about misuse, one of Canada's leaders on civil liberties says they don't go far enough.

"It talks a lot about de-escalation … it talks about medical attention and it talks about potential impact for people who are emotionally disturbed or in mental health crisis — but there are concerns," Abby Deshman, director of the Canadian Civil Liberties Association's public safety program, told Metro.

For the CCLA, that concern lies with the Saskatoon Police Service's (SPS) policy on Taser deployment, which explains that the stun guns are only for situations with an "immediate need for control due to a high risk of death or serious bodily harm."

Deshman noted that the policy appears to fall below recommendations outlined by the Braidwood Inquiry following the death of Robert Dziekanski, after he was jolted by conducted energy weapons (CEWs) used by RCMP officers at a Vancouver airport in 2007.

"The Braidwood was looking for when the subject is causing bodily harm, or if the officer is satisfied on reasonable grounds that the subject's behaviour will imminently cause bodily harm," she said.

City police Chief Clive Weighill and Mayor Don Atchison said they're confident the SPS policy will prevent misuse.

Foxy lady dishes out some Halloween treats

Sporting her newly made fox mask, Danielle Siemens, a heritage interpreter with the Meewasin Valley Authority, had plenty of treats — but no tricks — on Sunday for children aged five to 12 at the MVA's Interpretive Centre, where they were making creepy crafts and playing ghoulish games. Activities included the construction of Halloween masks, learning fun facts about the history of Halloween, skeleton-haunted hopscotch and a scary scavenger hunt. MORGAN MODJESKI/METRO

SaskPower proposes rate hikes for next 3 years

SaskPower customers could fork over an additional $5 per month if a three-year rate increase proposed by the Crown utility wins approval from the Saskatchewan Rate Review Panel and the provincial government.

And the New Democrats point out that the hike would result in electricity bills in Saskatchewan being jacked up by nearly 40 per cent in the past four years.

Under SaskPower's proposal, average system rates would rise by 5.5 per cent in 2014, before further five per cent increases in 2015 and 2016. Those hikes would amount to, on average, $5 monthly next year and $4 more per month in 2015 and again in 2016 for residential customers.

SaskPower's rate hike, if approved, will force its residential customers to pay $5 more per month for electricity next year, and even more in years to come. METRO

According to president and CEO Robert Watson, the increase is necessary to keep pace with the province's torrid growth and increasing power demands.

"The type of growth Saskatchewan has experienced in recent years isn't a blip on the radar; it's the new reality for our province," Watson said in a prepared statement announcing the move.

"In order to keep up with that trend, sustained major investments into the electrical system are a necessity to maintain safe and reliable service."

The three-year rate proposal will also help residential and commercial customers with budget-planning, Watson claims.

Cathy Sproule, NDP critic for SaskPower, slammed the proposed increase and charged that the government is once again forcing Saskatchewan taxpayers to cover mounting expenses.

"With such a strong economy, it's frustrating to families that the government's Crowns have to turn to Saskatchewan people to pay more and more," Sproule said in a press release, noting that if the rate jump is ratified, power bills will have risen by more than 38 per cent since 2009. MARCO VIGLIOTTI/METRO

Surge in security denials on FOI cases: Watchdog

Access to Information Act. Info chief wants more staff to cope with Harper government's information refusals

Suzanne Legault, Information Commissioner of Canada
SEAN KILPATRICK/THE CANADIAN PRESS

Canada's information watchdog has been flooded with fresh complaints that the Harper government is too often citing security to withhold documents requested under the Access to Information Act.

Suzanne Legault says that since April, her office has seen a surge in such complaints — prompting her to ask for more specially trained investigators.

"I have observed a worrying trend in the number of new complaints of this type in the past four months," Legault wrote in August to Tony Clement, President of the Treasury Board.

"So far this fiscal year, we have received 107 new special delegation (security related) complaints, amounting to 80 per cent of the average number of incoming complaints that my office has previously received over the course of an entire year."

Legault said the problem has been growing over the last five years, but has become acute this year.

She has asked Clement to increase the number of her investigators who have special security clearance to probe these complaints, to 12 people from the current eight. Emily McCarthy, assistant commissioner, said the growing number of these cases is just one aspect of a striking rise in complaints this year. THE CANADIAN PRESS

Clarification needed

$7B deficit boon being questioned

The surprising revelation last week that Ottawa is almost $7 billion ahead of schedule for eliminating the deficit is attracting the scrutiny of a budget watchdog.

The number two person in the Parliamentary Budget Office says officials have asked the government for clarification.

"We'll look at it because it will affect our own numbers, and try and figure out what the source of it is," says Mostafa Askari.

"There's a part we still don't understand ... as to why departments spent less than what they were expected to ... and why they (Finance) didn't see it in March," when the budget was tabled.

In a report last week, the government pegged the deficit for the 2012-13 fiscal year at $18.9 billion, rather than the $25.9 estimated in the budget. The lion's share of the difference was from lower program spending.

THE CANADIAN PRESS

Brooklyn. Man arrested in knifing deaths of a mom and her four kids

An immigrant to the United States was arrested Sunday on five counts of murder in the deaths of his cousin's wife and her four children in a stabbing rampage in their Brooklyn home.

The suspect, 25-year-old Ming Don Chen, implicated himself in the stabbings late Saturday in the Sunset Park neighbourhood, police said. NYPD Chief of Department Phil Banks said the victims "were cut and butchered with a kitchen knife." Two girls, nine-year-old Linda Zhuo and seven-year-old Amy Zhuo, were pronounced dead at the scene, along with the youngest child, one-year-old William Zhuo. Their brother, five-year-old Kevin Zhuo, and 37-year-old mother, Qiao Zhen Li, were taken to hospitals, where they also died.

Chen is a cousin of the children's father; he'd been staying at the home for the past week.

THE ASSOCIATED PRESS

Scene of the multiple fatal stabbings. KATHY WILLENS/THE ASSOCIATED PRESS

FFUN >> Saskatoon Hyundai
FFUN CERTIFIED
PRE-OWNED VEHICLES
Hurry in to get an amazing deal!

$71 2012 HYUNDAI TUCSON GL
SALE PRICE $19,999 $23,388
NOW SAVE $2,500

$59 2009 DODGE CALIBER SXT
SALE PRICE $10,888 $13,388
NOW SAVE $900

$72 2011 CHEVROLET TRAVERSE LS
SALE PRICE $16,888 $20,388
NOW SAVE $2,500

$45 2009 CHEVROLET COBALT LT
SALE PRICE $6,999 $10,388
NOW SAVE $3,389

$75 2011 MITSUBISHI ECLIPSE GTP
SALE PRICE $19,999 $27,388
NOW SAVE $5,500

$97 2010 HYUNDAI GENESIS 3.8 GT
SALE PRICE $19,999 $27,388
NOW SAVE $6,500

$76 2010 DODGE JOURNEY RT
SALE PRICE $19,999 $21,388
NOW SAVE $1,900

$87 2008 HONDA ACCORD EX-L
SALE PRICE $17,888 $20,388
NOW SAVE $2,500

$78 2010 TOYOTA COROLLA CE
SALE PRICE $13,888 $17,388
NOW SAVE $3,500

$78 2010 TOYOTA COROLLA XRS
SALE PRICE $16,888 $17,388
NOW SAVE $500

$72 2012 DODGE GRAND CARAVAN SXT
SALE PRICE $17,888 $20,388
NOW SAVE $2,500

$54 2010 MAZDA 3 GX
SALE PRICE $12,999 $15,388
NOW SAVE $2,389

CALL US AT 306.659.6000
OR VISIT SASKATOONHYUNDAI.COM

FFUN Assured Pricing
- COMPETITIVELY PRICE CHECKED
- VERY BEST RECONDITIONING
- COMPLETE DISCLOSURE
- FFUN / HYUNDAI GUARANTEE
- FFUN EXPERIENCE

FFUN >> Saskatoon Hyundai
2035 Idylwyld Drive North, Saskatoon, SK
/FFUNHYUNDAI

* Price / Payments exclude all applicable taxes and fees. OAC. DOC offer subject to purchase at advertised prices.

A new way to predict heat waves earlier

Wave No. 5. When high-pressure and low-pressure systems line up in a specific pattern, it foreshadows heat to come

The clue

"It gives you a little bit of a heads-up of what's coming."

Gerald Meehl, co-author of a study that describes the forecasting clue

Meteorologists may have found a way to predict some killer heat waves up to three weeks in advance. Now, the best they can do is about 10 days.

An earlier warning would help cities prepare, arrange to open up cooling centres and check on the elderly, said Gerald Meehl, co-author of a study that describes the forecasting clue.

The key may be a certain pattern of high- and low-pressure spots across the globe high in the sky. When that pattern shows up, the chances double for a prolonged and intense heat wave in the eastern two-thirds of the United States, according to the study published Sunday in the journal Nature Geoscience.

This could predict some types of heat waves but not all, meteorologists said. The study's authors said they think the pattern occurred before last year's heat wave in much of the central United States, but they still need more work to confirm it.

The researchers at the National Center for Atmospheric Research in Boulder, Colo., looked at heat waves that lasted at least a week and were about five to eight degrees warmer than normal. In any given summer week, the odds of a heat wave like this happening are usually only about one in 67 in the U.S.

They did thousands of computer simulations and discovered that when high-pressure and low-pressure systems line up in a specific pattern, it foreshadows heat to come in about 15 to 20 days. Scientists call this 6.4-km-high pattern wave No. 5.

The weather on the ground at the time of the pattern really doesn't matter; it can be rainy, dry, hot or cold, said study lead author Haiyan Teng, a scientist at the research centre. The same pattern that signals a U.S. heat wave also indicates different extreme weather in other parts of the globe, like heavy rains, she said.

THE ASSOCIATED PRESS

Winter waves early greeting to Calgary

Chic Chikinda shovels snow from the sidewalk in front of his home in Calgary, Sunday morning, beneath tree leaves that have only just begun to turn yellow. Less than 24 hours earlier, it was 17 C in Calgary. The forecasted low for Sunday evening was –11 C. ROBSON FLETCHER/METRO IN CALGARY

State fair. Amusement ride operator jailed

A ride operator is in jail after investigators say someone tampered with a ride at the North Carolina State Fair and compromised safety devices.

Timothy Dwayne Tutterrow of Quitman, Ga., faces three counts of assault with a deadly weapon. He operated the ride when five people were hurt Thursday. Tutterrow is due in court Monday. His attorney said Sunday that Tutterrow is devastated by what happened.

WakeMed hospital spokesman Thomas Morris said three people remained in the Raleigh hospital Sunday after the ride on the state fair's midway suddenly jolted into gear as people were exiting, dropping some riders from what eyewitnesses estimated to be six to nine metres in the air. THE ASSOCIATED PRESS

Stormageddon. U.K. braces for worst storm in years

Driving rains and high winds lashed the U.K. on Sunday evening, as officials warned that the storm forecasters are calling one of the worst in years will cause widespread disruptions for early-morning commuters.

Officials said a 14-year-old boy is feared dead after being swept out to sea while apparently playing in the surf in southern England. Coastguard and police rescuers searched late Sunday for the boy in high seas with poor visibility, but after several hours, the Maritime and Coastguard Agency said it had turned into a search-and-recovery operation.

Sussex Police urged people to stay clear of the seashore until the storm abates.

THE ASSOCIATED PRESS

Meet Jill Morgan, the NEW host of Saskatoon's first local news at 5.
CBC News Saskatchewan
Join Jill and our reporting teams from Saskatoon and Regina each weekday for CBC News Saskatchewan at 5, 5:30 & 6 – your first look at local and breaking news, and weather on CBC-TV.
Jill Morgan
@jillmorganCBC
Saskatoon
Weeknights at 5, 5:30 & 6
cbc.ca/Saskatoon
CBCSaskatoon
@cbcsaskatoon
CBC news

A boy inspects a destroyed car after a car bomb attack hit the Sha'ab neighbourhood of Baghdad, Sunday. Insurgents on Sunday unleashed a new wave of car bombs in Shiite neighbourhoods of the city, killing and wounding dozens of people, officials said. KARIM KADIM/THE ASSOCIATED PRESS

Deadly wave of attacks hits Iraq

At least 66 killed. Series of bombings, suicide assault mark the bloodiest day in the country since Oct. 5

A series of attacks including car bombings in Baghdad, an explosion at a market and a suicide assault in a northern city killed at least 66 people Sunday across Iraq, officials said, the latest in a wave of violence washing over the country.

Sunday's attacks were the deadliest single-day series of assaults since Oct. 5, when 75 people were killed in violence. There was no immediate claim of responsibility for the blasts.

Police said that the bombs in the capital, placed in parked cars and detonated over a half-hour period, targeted commercial areas and parking lots, killing 42 people.

The deadliest blasts struck in the southeastern Nahrwan district, where two car bombs exploded simultaneously, killing seven and wounding 15, authorities said. Two other explosions hit the northern Sha'ab and southern Abu Dashir neighbourhoods, each killing six people, officials said. Other blasts hit the neighbourhoods of Mashtal, Baladiyat and Ur in eastern Baghdad, the southwestern Bayaa district and the northern Sab al-Bor and Hurriyah districts.

Violence has spiked in Iraq since April, when the pace of killing reached levels unseen since 2008. Sunday's attacks bring the death toll across the country this month to 545, according to an Associated Press count.

THE ASSOCIATED PRESS

Iran. Anti-U.S. banners a sign of division between hardliners, new president

Banners that suddenly cropped up around Tehran in the past week depict an American diplomat dressed in a jacket and tie, while under the negotiating table he is wearing military pants and pointing a shotgun at an Iranian envoy.

The anti-American images were ordered taken down Saturday by Tehran authorities. But they made their point.

It was another salvo by hardliners who are opposed to President Hassan Rouhani's pursuit of better ties with Washington and are worried that Iran could make unnecessary concessions in its nuclear program in exchange for relief from Western sanctions.

The banners and posters were something of a warm-up to the main event: Rouhani's critics are planning major anti-U.S. rallies on the Nov. 4 anniversary of the U.S. Embassy takeover in 1979 following the Islamic Revolution.

Anti-American murals have long been part of the urban landscape in Iran. Now, however, the images reflect internal divisions in Iran and suggest more intrigue ahead.

THE ASSOCIATED PRESS

7th killed this year

Journalist gunned down in Somalia

A Somali journalist died in hospital after being attacked by gunmen, a colleague said Sunday, bringing to seven the number of journalists killed in Somalia this year.

Journalist Mohamed Mohamud, 26, died in hospital Saturday night, said fellow journalist Ahmed Nor Mohamed. "We have lost a precious life once again. Doctors were not able to save our colleague," he said.

Mohamud was buried Sunday. THE ASSOCIATED PRESS

YOUR UNIVERSITY
Realize. Learning for life.
At the University of Regina we know there is not just one kind of learner with one educational goal in mind. At our Centre for Continuing Education we're meeting the needs of lifelong learners.
We have embraced a diverse teaching delivery model that's meeting the needs of trumpet-playing children at our Conservatory of Performing Arts. Our programming is helping Grade 12 students get a head start on university while still in high school. We're advancing the careers of professionals through mid-career education and training. We are reaching the world with online and televised credit courses. And we're making sure that seniors and retirees have the chance to learn a new language.
Nights, weekends, face-to-face at regional colleges, from a distance or online, for academic credit or personal enrichment, the Centre for Continuing Education makes learning accessible and flexible for all.
DID YOU KNOW?
The University broadcasts live televised classes to more than 90 sites across Saskatchewan, including SIAST and regional colleges.
We have online learners in California, Australia and Germany among other locations.
University of Regina
www.uregina.ca

Deposit a cheque with your smartphone? Cheque-In™. Believe it.

Get a **$100*** Bonus when you open a THRiVE Chequing® Account by December 31 and switch your payroll.

ingdirect.ca

ING DIRECT forward banking™

ING Bank of Canada and its subsidiaries have been acquired by The Bank of Nova Scotia and are no longer affiliated with ING Groep N.V. The trademarks ING, ING DIRECT, ING Lion, the ING Lion logo and any derivation, variation, translation or adaptation thereof are trademarks of ING Groep N.V. and are used under license. ® THRiVE Chequing is a registered trademark of ING Bank of Canada. ™ Cheque-In and forward banking are trademarks of ING Bank of Canada. * THRiVE Chequing Account must be opened between August 26, 2013 and December 31, 2013. Payroll must be deposited by January 31, 2014. Limit of one (1) $100 Bonus per Client/Account. Chequing Account rates are annualized, are current as of today's date and are subject to change without notice. Interest is calculated daily and paid monthly.

It is said good fences make good neighbours, but when you are surrounded by hundreds of residents disputes are more likely to flare up. And some of those arguments inevitably end up in court. DARRYL DYCK/THE CANADIAN PRESS FILE

Not loving thy neighbour

Experts. As more Canadians opt to live in cramped condos, the number of residents turning to courts to settle fights will go up

When Toronto resident Robert Jerome celebrated his 30th birthday by purchasing a unit in a low-rise condo development about 15 years ago, he quickly came to see his neighbours as his extended family, often meeting up to chat in their shared courtyard, which would be filled with children in the summer.

And then Natalia Korolekh moved in.

What happened next were five years of alleged verbal and physical abuse that overshadowed the community, ending with a judge issuing an order in 2010 for Korolekh to sell her condo and move.

The case is similar to one currently playing out in British Columbia, where a woman is appealing an order to sell her condo due to neighbour complaints. While rare, it's a scenario some experts predict will only become more common as the number of Canadians choosing the close-quarters of condo living rises.

THE CANADIAN PRESS

Law of averages

Peter Roberts, a lawyer who specializes in commercial and property law, says whatever happens in the B.C. case will undoubtedly influence other judges the next time a problem neighbour ends up in court, which he predicts will happen more often.

Sowing seeds of change

A new crop of tech-savvy farmers using mobile apps

Farmers across the country are relying on new cyber tools to help them monitor the weather and their irrigation systems and even map crops.

Longtime dairy farmers in Vermont are now keeping records on their smartphones of their fields and crops — from manure and fertilizer applications to corn and hay harvests, thanks to a savvy University of Vermont researcher.

Agronomist Heather Darby of UVM Extension got the idea as she was working with farmers to develop plans to manage their fields and crops and protect the environment. She said the farmers weren't very good at keeping records, but they used cellphones.

THE ASSOCIATED PRESS

Posh kibble. Owners shell out for organic pet food

Organic kibble? All-natural chow? Fido and Fluffy don't know it, but their owners want them to eat better — and they are forking over big bucks to make it happen.

Even through the Great Recession, premium dog and cat food — the latest iteration of which is advertised as "natural" and "organic" — has been claiming an ever-bigger share of the market. Sales of the more expensive brands jumped 68 per cent in the U.S. from 2002 to 2012, compared with 19 per cent for mid-priced brands and just eight per cent for economy brands, according to Euromonitor International.

Major manufacturers like Nestle Purina and Del Monte Foods are also capitalizing on consumers' willingness to spend more on food they perceive to be better for their furry friends.

THE ASSOCIATED PRESS

By the look of it, Fido might be eating a better meal than you tonight. Owners are increasingly paying top dollar for healthy pet food. MATT SLOCUM/THE ASSOCIATED PRESS

WINNING THE REAL FOOD FIGHT

URBAN COMPASS

Paul Sullivan
saskatoon@metronews.ca

I'm usually a glass-half-full guy, but two items in the news this past week have me wondering about my usually reliable engine of optimism.

Both stories are good news by themselves:

The Saskatchewan harvest is more than 99 per cent complete, and it's a record high for farmers this year. Statistics Canada reports a wheat harvest of 33 million tonnes, an increase of 22 per cent over last year.

And the Regina Food Bank has brought in so much through donations that once again the city has won the Great Canadian Food Fight — an annual competition between six such organizations across the country to see which can raise the most food in 48 hours. Local donors generated 294,834 pounds, eclipsing the Waterloo Food Bank, which raised just over 118,000 pounds and Feed Nova Scotia, with more than 105,000 pounds.

In fact, the Regina fall drive raised a record 325 tonnes of food in total.

Great stories, right? Record plenty abounds!

So why can't I get this thought out of my head? In the midst of all this food, why can't some people get enough to eat? Every day, according to CEO Steve Crompton, the food bank feeds 250 families and individuals.

You could just tell me to relax (the line starts over there). I should be happy there's so much to go around that Saskatchewan's capital wins the Food Fight every year. It's just a matter of redistributing the food, but the bottom line is that everyone gets fed.

However, we produce so much food that it's out there lying in big piles because it doesn't all fit in the bins, and families still have to stand in line and beg. And Regina is just a pin on the map of hunger. According to the Conference Board of Canada, two million Canadians experience "food insecurity" — a bureaucratic term for wondering where your next meal comes from.

More than half of those people are children. One in seven children in this country goes to school hungry.

We live in a country that can produce 33 million tonnes of wheat, a province that exported more than $11 billion in agricultural products last year, and one out of every seven kids goes to school hungry.

Something's wrong. Something that is not fixed by the food bank and the generosity of citizens, as impressive as it is. The triumphant headlines obscure the fact that just a few months ago, the food bank faced increased demand and dwindling stocks.

If it weren't for the contest, would there be enough food for the families who depend on it?

Right here in the bread basket, too many people live on the knife edge of poverty. Is it just human nature that some people can't feed themselves, or do we have to take a hard look at what we're doing?

I think it's the latter, and that all this good news is just getting in the way of the real story.

ZOOM

Oscillate wildly

EXTRACTED FROM SHAKE, BY CARLI DAVIDSON, PUBLISHED BY HARPERDESIGN © CARLI DAVIDSON 2013

SHAKE it

An animal photographer has captured the amusing and absurd facial expressions made by dogs as they frantically shake water off themselves. Carli Davidson, 32, from New York, photographed 61 charming dogs while they were in mid-oscillation. Her entertaining portraits now feature in her new book SHAKE. **METRO**

Q&A with photographer

'You can't trick them'

How do you capture the animal's personalities so well?
It's what I'm looking for in all my photography. The feeling behind the image is what's important to me, an expression the viewer can anthropomorphize. I spend time getting to know the animals, and making them feel as relaxed as possible so they show their true character.

What are the biggest differences between a human shoot and a canine one?
Animals work 100 per cent on instinct; you can't trick them, so if you are not committed to the shoot they won't perform. They can sense your stress and they respond to it accordingly. So much about working with animals is about being in the moment with them, listening to their needs. This is similar with people, but we can just ask people what they need. With animals you need to create a dialogue based on instinct and respect. **ANTHONY JOHNSTON/METRO WORLD NEWS**

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Just because you don't know your Baco Noirs from your Pinot Noirs doesn't mean you have to look like a dolt in front of your pals with more sophisticated palates. With a quick scan of your smartphone, you can now get the Coles Notes of wine faster than you can say Gewürztraminer.

DAVIDE RESTIVO/FLICKR

Vivino:
Think you've had a few too many to remember the vintage you're sipping on? Take a pic of the bottle, upload it to Vivino and get the tasting notes. And if you don't trust the experts, you can add your own (vita)cultured friends to read their reviews. iPhone, Android and BlackBerry.

Delectable:
Similar to Vivino (snap a pic and voilà! tasting notes), but with more emphasis on design. Plus, the delectable blog offers non-smartphone users a chance to catch up on the who's drinking what. iPhone only.

Drync:
This app takes wine lists a step further. Specifically, to your doorstep. Take a photo of the bottle, rate it and order it. iPhone only.

Tweets

A squirrel in Iowa is allegedly responsible for vandalizing a college professor's bicycle. If found guilty, what should its punishment be?

@WpgNHLAddict: repay the professor for bike repairs in acorns and nesting material #coldandhungry-winter #squirrelsgold

@MiroslavGlavic: Squirrel BBQ. #iamhungry

@SeoulShakin: Obviously 10-20 in the Nuthouse.

@mtnbvan: "Death by cyclepath"

@jnevills: sentenced to 12 months without nuts and 6 months of tree arrest. No opportunity for parole.

@kim11koi: To catch the squirrel you must become the squirrel.

@CycleLdnont: No punishment. It only continues the nutty cycle.

@ac_awesome: 100 hours of commu-nutty service. #nailedit

Follow@metropicks to take part in our daily poll. Best tweets published right here.

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Saskatoon** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Barry Paton • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO SASKATOON** • #100, 728 Spadina Crescent East Saskatoon, Sask. S7K 4H7 • **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca • **Letters to the Editor:** saskatoonletters@metronews.ca

Legendary Lou Reed was never content to compromise

In memoriam. Rock pioneer and Velvet Underground leader, who has died at age 71, had undergone a recent liver transplant

PAT HEALY
Metro World News in Boston

Lou Reed, the punk-poet of rock 'n' roll who profoundly influenced generations of musicians as leader of the 1960s cult band Velvet Underground and remained a vital solo performer for decades after, has died.

Reed's literary agent Andrew Wylie says the legendary musician died Sunday morning in Southampton, N.Y., at age 71 of an ailment related to his recent liver transplant.

The singer and guitarist first attracted attention as the leader of the Velvet Underground, a group that gained notoriety as an Andy Warhol project and combined a sense of the avant-garde with pop music. With Reed's poetic lyrics and the band's always experimental (and sometimes dissonant) approach, they arguably serve as the starting point for alternative rock music.

Though the band was not commercially successful, its influence was widespread, historically on the left-of-centre, resulting in the oft-quoted adage that though not many people bought the band's first album, everybody who did ended up starting a band.

The Velvet Underground was inducted into the Rock and Roll Hall of Fame in 1996.

After the Velvet Underground, Reed went on to collaborate with David Bowie in the 1970s, finding chart success with Take a Walk on the Wild Side and carving out a niche for himself in the glam rock movement.

But as an artist, Reed was never content to compromise or to even do what his growing fan base expected.

Over the years he released many albums that listeners and critics alike had difficulty with, such as 1975's Metal Machine Music, which consisted of more than an hour of feeding back guitars that sounded like what its title implies.

Other projects were also met with fierce criticism, such as his 2003 Edgar Allen Poe-inspired The Raven and his final release, a 2011 collaboration with Metallica entitled Lulu.

But for every unexpected left turn his muse took, Reed remained a figurehead for the movement he started and his tours were always successful.

For a time Reed was infamous for his substance abuse, but he had cleaned up in his later years, finding new inspiration in Tai Chi and his third wife, artist Laurie Anderson. He underwent a liver transplant earlier this year, which Anderson had said was "as serious as it gets. He was dying."

His legacy will live on in the songs he has left behind — in his own magnificent versions and in cover versions by the likes of U2, Joy Division, Nirvana and David Bowie.

WITH FILES FROM THE ASSOCIATED PRESS

Last gigs

- Reed stayed invested in the arts until his death, mentoring younger artists and even taking the time to write a review of Kanye West's Yeezus on The Talkhouse website.

Lou Reed's tours were always successful. GETTY IMAGES FILE

A pair of angry birds, out to save their kind

NED EHRBAR
Metro World News in Hollywood

Parks and Recreation star Amy Poehler's latest feature film venture, Free Birds, follows a pair of turkeys using a stolen time machine to steer the first Thanksgiving menu away from their ancestors. But Poehler has plenty to concern herself with in the present day.

We spoke with Poehler just before some good and bad news broke for her: First, that she and Tina Fey would be hosting the Golden Globes for the next two years, and then that NBC was pulling Parks and Recreation from its schedule for three weeks.

Even considering the main characters are turkeys, is this really the best use for time-travel technology?
Well, once we start breaking down animated films and the way that they should better use their technology, I think we're really going to paint ourselves into a corner.

In the animated film Free Birds, turkeys voiced by Owen Wilson, Woody Harrelson and Amy Poehler aim to get turkey off the holiday table. CONTRIBUTED

You're managing to squeeze in a lot of film work between seasons of Parks and Recreation.
It's fun to do different things. My schedule with Parks is almost like a nine-month schedule with breaks in between, so I have lots of opportunities for hiatus stuff to do. And animated stuff, you can kind of do that on your hiatus and breaks in between. I filmed a couple of things last summer and the summer before that quite a bit. It's always fun to try to squeeze in what you can when you can.

What sort of projects are you keeping an eye out for?
Well, I don't know. Right now we're gearing up toward our 100th episode, so right now I'm like real Parks brain, just enjoying being on set for that. And then what happens after the new year in the spring, I'm not sure yet.

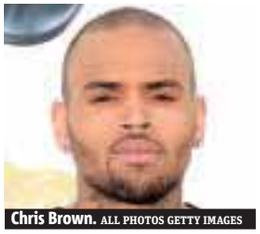
Yours was one of a very few comedies that NBC didn't cancel last year. That must feel at least a little reassuring.
Yep, NBC has supported us by keeping us on. We appreciate that. Because I would rather do the show than not do the show, that's what I've learned. So many shows have come and gone while we've been there. We're kind of like the patient who watches the other patients die on the table. We've been lucky.

Certainly it's tough sometimes to just not know your fate all the time, and we've certainly never been a show where we knew our fate, but because of that I think it's just made us put our heads down and try to control the things we could, which was the work and the writing and the show. I'm really proud of the show. I would watch it if I wasn't on it, which is a nice thing for me to be able to say honestly.

Weekend box office

- Apparently, astronauts are no match for Jackass. According to studio estimates Sunday, Paramount's Jackass Presents: Bad Grandpa tops the weekend box office with $32 million US, sinking three-week champ Gravity to second place.

THE ASSOCIATED PRESS



Chris Brown. ALL PHOTOS GETTY IMAGES

Chris Brown charged with felony assault

Chris Brown was arrested early Sunday in Washington, D.C., after a fight broke out near the W Hotel, police said, complicating an already snarled legal history for the Grammy Award-winning R&B singer.

Brown, 24, was charged with felony assault in an incident that started just before 4:30 a.m., D.C. police spokesman Paul Metcalf said Sunday morning. Chris Hollosy, 35, also was arrested on felony assault charges, Metcalf said. Brown and Hollosy were being held in police custody until Monday.

THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bieber doesn't always screw up, but when he does…

STARGAZING
Malene Arpe
scene@metronews.ca

Justin Bieber is photographed drinking a Dos Equis in Texas where, by the way, the legal drinking age is 21. Justin doesn't always drink beer, but when he does it's always supericky and he wishes he'd asked for a Fanta.

According to the Daily News, someone connected to Planet Hollywood says

staff were provided with a list of evasive answers to use if asked whether Britney Spears sings live at her upcoming shows. They include: "You are pretty. Your hamster looks very soft." "I'm afraid of interest rates." "I don't care for spinning classes" and "have you tried our endless shrimp?" **Rumour has it Tim Burton will be making Beetlejuice 2.** Which explains why Michael Keaton has been asking Robin Thicke for his suit back and sending threatening letters to Johnny Depp.

Billy Bob Thornton says then-wife Angelina Jolie got angry over his 2001 Monster's Ball sex scene with Halle Berry. "Well," he continues, "I'm sorry, but it's not like anything interesting has happened to me since then."

Perrie Edwards of Little Mix said of her band mates, "I wouldn't say we're feminists: we don't hate our men." "Oh, for bleep's sake. This is what happens when I'm underfunded," said the education system.

SEIU-West members know that cuts to home care services hurt our clients but...

Dependable home care services delivered by professional and qualified staff is important for everyone in our communities who rely on this critical public health care service.

For more information visit:

www.SEIUWEST.ca

and click on:

We Deserve Public SEIU WEST

SASKATCHEWAN SNOWMOBILE ASSOCIATION
Budweiser
SASKATCHEWAN SNOWMOBILE SHOW 2013
PRAIRIELAND EXHIBITION PARK
SASKATOON, SK
NOVEMBER 1-3, 2013
FRIDAY, NOVEMBER 1 - 4:00 PM-9:00 PM
SATURDAY, NOVEMBER 2 - 11:00 AM-7:00 PM
SUNDAY, NOVEMBER 3 - 11:00 AM-5:00 PM

SASKATCHEWAN SNOWMOBILE SHOW 2013
DEALS! DEALS! DEALS!
FEATURING –
CURRENT SNOWMOBILES & ACCESSORIES, VACATION PACKAGES, VIDEOS, CLOTHING, SLED DECKS & TRAILERS, OILS, SAFETY AND TRAIL INFORMATION, ATVs, VINTAGE SNOWMOBILES AND MANY NEW PRODUCTS.

GATE ADMISSION:
Adults: $13.00 6-12 years: $6.00
5 years & under: FREE • Weekend Pass: $17.00
For more information call: 306-729-3500 or Toll Free 1-800-499-7533 (SK Only)
Visit: www.sasksnow.com
Email: sasksnow@sasktel.net

DOOR PRIZE:
DOOR PRIZE PROVIDED BY ADRENALINE UNLIMITED
All Adult & Weekend Admissions will be entered to win

SPONSORED BY
SASKATCHEWAN LOTTERIES · ARCTIC CAT · YAMAHA · ski-doo · LEADER-POST · The StarPhoenix · POLARIS

ACCOMMODATIONS:
SASKATOON INN SASKATOON INN 306-242-1440
Sandman SANDMAN INN 306-477-4844
FOUR POINTS SHERATON FOUR POINTS SHERATON 306-933-9889

Book excerpt

Homework 101

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Let's break this down a bit, shall we?

Homework is work to be done at home. Whether it's work that should have been done in the classroom or work specifically designed to be done at home, there's one commonality that all children's homework shares: it's their homework. They need to do it.

You doing it for them is like having the supervisor come over to your production station and doing your job while you watch.

Resist the urge to have your child turn in perfect homework that's only perfect because you did most of it. If the teacher doesn't know where/how they are struggling, they can't help them in the classroom.

Also, don't be a homework nag. You're not the one who has to explain to the teacher why it's not done, and you're not the one who misses recess because of it. Let this happen once and see how quickly they get the message.

EXCERPTED FROM KATHY BUCKWORTH'S I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS (MCCLELLAND & STEWART, 2013), WHICH HAS RECENTLY BEEN OPTIONED BY WARNER BROTHERS TELEVISION. AVAILABLE AT CHAPTERS, AMAZON AND WHERE BOOKS ARE SOLD. VISIT KATHYBUCKWORTH.COM

Exclusively online

Halloween: Every mother's worst nightmare. Find out why with exclusive Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious bestselling book Reasons Mommy Drinks, at metronews.ca/voices

Join the laughter on twitter @mommyreasons

Halloween: Scariest day of the year for health-conscious parents

Tips. There are ways to keep the candy-filled occasion fun and healthy

ANISA ARSENAULT
Metro World News in New York

Halloween is a good time to involve kids in healthy eating discussions. ISTOCK

With mountains of candy, Halloween can be a nightmare for parents.

Traci Paige Johnson, creator of Blue's Clues, offers suggestions for a fun and healthy Halloween. And if you're wondering what the voice of Blue is up to now, she's pioneering Yummiloo, an interactive musical food adventure series (currently an app, soon to be a show) designed to teach kids about healthy eating.

Before you equate Yummiloo's mission with "ruining Halloween," keep in mind Johnson advocates candy in moderation. In fact, she says making sweets totally off limits will only result in an eventual binge.

"If you make candy an absolute no, then it becomes more enticing," Johnson says. "It's all about balance, all about enjoying the holiday and not being too taboo or negative about the candy. Embrace it, and use it as a teaching moment for kids."

When it comes to healthy eating and rationing candy, make sure that kids are part of the process. "You can sit down together and figure out how much candy is good for a day," Johnson says. "Maybe it's one little candy bar and two Smarties. Also, if they have a piece of candy, it's good to serve it with a glass of milk or a little cut-up fruit to fill them up."

Inevitably, you're going to have more candy than you can even think about eating. Johnson recommends cutting some up, freezing it, and using it to cook with later on. "Use it again when you're making oatmeal cookies or just sprinkle some on your oatmeal," she suggests.

Johnson encourages parents to cultivate healthy eating habits in kids, but ultimately just enjoy Halloween. "The trick is to balance and have things in moderation," she says. The trick is to allow treats.

Candy-free activities

- **Pumpkin volleyball.** "Take orange balloons and have your kids draw on Jack-o'-lantern faces with black Sharpie, and sort of play volleyball," Johnson says.
- **Arts and crafts.** "Collect leaves and acorns or anything from nature, and glue it on gourds or pumpkins to make creatures," she says.

Spooky wreaths are as easy as old newsprint

Keep it spooky-classy. CONTRIBUTED

What's black and white and orange all over? Creative Halloween decorations made out of newspaper. Black and white newsprint is a perfect starting point for spooky crafts such as a wreath. Here's how.

1. Cut several sheets of newspaper into one and a half inch strips. Wrap them around the wreath form, overlapping each strip slightly, until it is covered. This will make it less obvious if there are gaps between the paper flowers that will be glued on later.

2. Stack three sheets of newspaper and trace a small salad plate on the top layer as many times as it will fit. Cut circles out of all three layers.

3. Hold three paper circles together in a stack and starting at the outside edge, cut through all layers in a spiral shape, moving from the outside toward the centre. Try to keep the width of the resulting spiral-shaped strip consistent — about 3/4 of an inch — but it doesn't have to be perfect. Real flower petals aren't!

4. When you get close to the centre, make the end of the spiral a quarter-sized circle. This will become the base of the flower.

5. Starting from the outer edge of the spiral, start rolling the paper strip around itself. Roll the centre fairly tightly, and then the rest looser to form the outer petals.

6. When you get close to the end, flip the flower upside down on your work surface (it will resemble a tiny lampshade at this point) and apply glue to the base of the flower. Press it against the rolled up paper to securely adhere the coiled paper to the base.

7. Repeat steps 2-6 to make enough flowers to cover your wreath.

8. Use hot glue to attach flowers to the wreath, placing them close together and avoiding gaps. Embellish as desired.

THE ASSOCIATED PRESS

Materials

- Newspaper
- Foam wreath form
- Hot glue gun and glue sticks
- Scissors
- Mini pumpkins or other embellishments

Hit (or two) of curry elevates Parsnip and Apple Soup

Apples and parsnips go really well together and offer a perky taste of autumn.

You can decrease or increase the amount of curry powder to suit your taste. If you cut back on the curry, grated fontina or white cheddar can be sprinkled over top just before serving. If you like a stronger curry flavour, use 10 to 15 ml (2 to 3 tsp) of curry powder.

You can reduce the saturated fat by substituting vegetable oil for the butter and using homogenized milk instead of cream.

Ingredients

- 45 ml (3 tbsp) butter
- 1 large cooking onion, peeled and diced
- 5 ml (1 tsp) curry powder
- 4 parsnips, trimmed and cut into 1-cm (1/2-inch) pieces
- 1 carrot, peeled and diced
- 2 Granny Smith apples, peeled, cored and diced
- 1 l (4 cups) vegetable stock
- 250 ml (1 cup) cider (approx)
- 250 ml (1 cup) 35 per cent cream
- Sea salt and white pepper, to taste

1. In stock pot, heat butter over medium heat. Add onion and cook until soft. Add curry, parsnips, carrot and apples and cook for 5 minutes, stirring.

2. Add stock. Bring to a simmer and cook at a low simmer for 25 to 30 minutes or until vegetables and apples are tender.

3. Purée soup with an immersion blender until smooth.

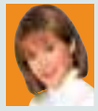
4. Add cider and cream. If soup is too thick, add more cider, 125 ml (1/2 cup) at a time, until desired consistency is reached. Season with pepper and salt.

5. Ladle into warm soup bowls, garnish with apple slices and a small sprig of thyme and dollop of mild goat cheese. THE CANADIAN PRESS/JILL'S SOUPS BY JILL WILCOX (2007).

This recipe serves eight. THE CANADIAN PRESS/ JACKIE NOBLE

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

While grabbing dinner at a fast food place is a treat for kids, be careful what you allow them to order.

Wendy's chicken fingers, fries and chocolate Frosty

590 calories / 26 g fat
These choices give them little nutrition as a meal.

Equivalent

Wendy's chicken fingers, fries and a chocolate Frosty are equal in fat to eight cups Kraft Dinner Mac and Cheese.

Wendy's kid's hamburger with a strawberry yogurt

320 calories / 12 g fat
The kid's burger with strawberry yogurt is a much better offering.

Lunch. Miso Soup

Miso is a traditional Japanese soup and one of the many Asian soups trending in North America. It is also very easy to make.

Miso itself is fermented soybean paste that comes in a variety of colours. Barley and rice miso are also available at Asian grocery stores.

1. In saucepan, place dashi soup stock (the easiest way to make dashi stock is to buy dashi powder at an Asian grocery store and simply add it to water) and bring to a boil. Reduce heat to a simmer. Add mushrooms.

2. Cut tofu into 1-cm (1/2-inch) cubes and add to soup.

3. Remove a ladleful of the broth and mix it in a bowl with miso paste until smooth.

4. Stir miso mix into soup, making sure not to bring to a boil. Add green onions and serve. THE CANADIAN PRESS/JILL'S SOUPS BY JILL WILCOX (2007).

Ingredients

- 1.25 l (5 cups) dashi soup stock
- 4 shiitake mushrooms, stems removed, thinly sliced
- 1 block (125 g/4 oz) firm tofu
- 50 ml (1/4 cup) miso paste
- 2 green onions, cut on an angle into 5-mm (1/4-inch) pieces

'Round the world wisdom

Facing adversity? Focus on what you can control

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10, and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Don't waste your time wandering up an unclimbable rope. Achieve goals that are within your grasp.
ISTOCK

LESSONS FROM THE DESERT
Stefan Danis
life@metronews.ca

In the game of life challenges are dealt to us every day, some big, some small. The danger of becoming overwhelmed always lurks just around the corner, and at times it finds us. When you sense that things are unravelling, be it at the workplace, or at home, get back to basics by asking yourself, "What can I control right now?"

First, assert your control over smaller, simpler things you can achieve. If you can achieve a few small successes they can, and will, amount to a big win over time. The reward lies in the fact that experiencing success in one area of your life can be the turning point, going on to impact other parts of your life.

In 2008 I found myself overwhelmed by the economy as it impacted every part of my life negatively. I consciously chose to turn my focus onto one element I felt I could control — my health. I declared I would be fitter than ever before within one year, reasoning that doing so would serve to boost my energy and clear my mind. If the negative economy persisted, I would at least have my health. I set a goal to do something only a fit person could do, running the desert, despite not knowing how to run.

I took my first running steps in December 2008, and six months later ran 250 km across the Gobi desert. What was an attempt to get fit cascaded into the rest of my life, changing it forever.

So always ask yourself, when facing a big challenge, what parts of your life can you control?

STEFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

You Can!
Start Your Career Early And Enjoy The Summer
Academy of Learning is your fast track to success.
Get the skills employers demand.
Make the move to a new career today!
• Accounting
• Business
• Healthcare
• Information Technology
• Office Administration
• Payroll
Up to $50,000 in Bursaries are available across Canada!
Academy of Learning College
1202A Quebec Avenue
373-8700
admissions@shaw.ca
www.academyoflearning.com

Find a job that doesn't require you to look 'clean cut'.

Looking for a work environment where you can be yourself? We've got over 6,000 new job postings every week to help you find the right job for you. It's what makes Workopolis Canada's number one job site.

workopolis.com

#workopolis

WORKOPOLIS

"Number one job site" based on six-month average online job postings for period ending September 30, 2013. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2013 Workopolis.

Sports in pictures

Lions roar back to round up Cowboys

NFL. Johnson's 329 yards receiving keeps Detroit in the game; Stafford's one-yard TD lunge wins it

Lions receiver Calvin Johnson leaps between Cowboys Jeff Heath, left, and Brandon Carr to make a 54-yard catch on Sunday in Detroit. Johnson had 329 yards receiving in the Lions' 31-30 win. LEON HALIP/GETTY IMAGES

Calvin Johnson thought Matthew Stafford was going to spike the ball for at least another snap.

The Dallas Cowboys did, too.

Stafford's one-yard lunge over a pile of linemen with 12 seconds left and Johnson's 329 yards receiving lifted the Detroit Lions to a 31-30 win over Dallas on Sunday.

"I was yelling that I was going to spike the ball," Stafford recalled. "But their linebackers were just standing there."

The Cowboys weren't just standing around letting Johnson make catch after catch, but he made them look helpless.

Johnson almost broke an NFL record, and could celebrate the feat because of a comeback from a 10-point, fourth-quarter deficit that some people who entered Ford Field didn't see because they had left.

"Even our fans didn't think we could pull this one out," he said. "They were leaving, but we knew we could do it."

Johnson's total trails only the 336 yards receiving Flipper Anderson had for the Los Angeles Rams against New Orleans on Nov. 26, 1989 in a game that went into overtime.

The Cowboys dared Detroit to throw to Johnson with a lot of one-on-one coverage. They usually asked cornerback Brandon Carr to do the improbable by defending him by himself, and sometimes attempted to slow him down with a zone.

"He had his way," Carr said. "And we couldn't find a way to keep him from rolling." THE ASSOCIATED PRESS

1 CFL. Maybin an Argonaut

Aaron Maybin, a former first-round draft pick of the Buffalo Bills, joined the Argonauts' practice roster on Sunday, three days after watching Toronto's 36-21 home win over Winnipeg. THE CANADIAN PRESS

2 Tennis. Federer falls in homeland

Juan Martin del Potro denied Roger Federer his hometown Swiss Indoors title for the second straight year, winning the final 7-6 (3), 2-6, 6-4 on Sunday in Basel. THE ASSOCIATED PRESS

3 Tennis. Serena seals WTA title over Li

Serena Williams ended her best season in style, coming from behind to beat Li Na 2-6, 6-3, 6-0 on Sunday for her second straight WTA Championships title. THE ASSOCIATED PRESS

Around the NFL

Chiefs 23, Browns 17. Alex Smith threw for 225 yards and two touchdowns for the league's lone undefeated team at 8-0.

Raiders 21, Steelers 18. Terrelle Pryor ran 93 yards on the first play from scrimmage for the longest touchdown run by a quarterback, boosting Oakland to 3-4.

Broncos 45, Redskins 21. Peyton Manning overcame four turnovers and Denver scored the last 38 points in a come-from-behind win. Manning finished with 354 yards and four touchdown passes.

Bengals 49, Jets 9. Andy Dalton threw a career-high five touchdown passes — four of them to Marvin Jones.

Red Sox rebound in Game 4

Boston's Jonny Gomes hits a three-run home run to left field against Seth Maness of the Cardinals in the sixth inning of Game 4 of the World Series on Sunday night in St. Louis. Gomes' three RBIs were huge as the Red Sox held on for the 4-2 victory to even the series 2-2. ROBB CARR/GETTY IMAGES

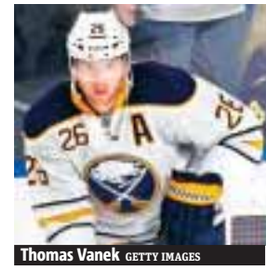
NHL. Sabres ship sniper Vanek to Long Island

The Buffalo Sabres traded Thomas Vanek to the New York Islanders on Sunday night for Matt Moulson and two draft picks.

Vanek and Moulson are set to become unrestricted free agents this summer. The Islanders sent a 2014 first-round pick and a 2015 second-round pick to the Sabres in the deal.

Vanek, 29, has four goals and five assists in 13 games. He has a cap hit of $7,142,857 US for the rest of the season.

Moulson, 29, has six goals and three assists in 11 games. He has a cap hit of $3.133 million US. THE CANADIAN PRESS



Thomas Vanek GETTY IMAGES

4 SPORTS

Sharks goalie Alex Stalock tracks the puck during a 5-2 win over the Senators on Sunday night in Ottawa.
FRED CHARTRAND/THE CANADIAN PRESS

Rookie Stalock helps Sharks put Sens on lockdown

NHL. Ottawa falls into early hole before San Jose goalie shuts door in 1st career start

Alex Stalock waited a long time for his first NHL start, but says it was well worth it.

The 26-year-old stopped 38 shots and was instrumental in leading the San Jose Sharks to a 5-2 win over the Ottawa Senators Sunday night.

Stalock, who previously had made just three appearances in relief of Antti Niemi, admitted he was nervous and excited.

"I think it helped a lot being a 5 o'clock game for me and not having to sit around all night and come to the rink and go through the routine," he said. "It was a little easier than sitting around all day in my hotel room."

Stalock made 16 saves in the first period and helped the team jump out to a 3-1 lead after 20 minutes of play.

Tomas Hertl, Andrew Desjardins, Tommy Wingels, James Sheppard and Joe Pavelski scored for the Sharks (10-1-1), who were playing their fourth of a five-game road trip.

The Senators (4-5-2) got goals from Erik Karlsson and Marc Methot, who picked up his first of the season. Craig Anderson made 24 saves in defeat.

The Senators have few answers for their play of late, but realize things have to change.

For the second straight game, Ottawa allowed the opposition to jump out to a 2-0 lead.

"We can't spot good teams leads," said Senators captain Jason Spezza. "We get behind and then it doesn't matter what we do, we're chasing the whole game." THE CANADIAN PRESS

Around the NHL

Ducks 4, Blue Jackets 3. Corey Perry scored with 2:25 remaining in the third period on Sunday night and the Anaheim Ducks edged Columbus 4-3, ending the Blue Jackets' three-game winning streak.

Lightning 4, Panthers 3. Steven Stamkos and Valtteri Filppula scored in the shootout to give the Tampa Bay Lightning its fifth win in six games. Stamkos also scored in regulation. THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	11	8	3	0	39	31	16
Toronto	12	8	4	0	40	30	16
Boston	10	7	3	0	30	17	14
Detroit	12	6	4	2	27	33	14
Montreal	11	6	5	0	33	22	12
Ottawa	11	4	5	2	30	32	10
Florida	12	3	7	2	26	42	8
Buffalo	13	2	10	1	20	37	5

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	11	7	4	0	35	28	14
Carolina	11	4	4	3	25	33	11
NY Islanders	11	4	4	3	35	36	11
Columbus	11	5	6	0	31	29	10
Washington	11	5	6	0	32	35	10
New Jersey	11	2	5	4	24	36	8
NY Rangers	9	3	6	0	15	33	6
Philadelphia	10	3	7	0	18	27	6

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	10	9	1	0	32	14	18
Chicago	11	6	2	3	34	32	15
Minnesota	12	6	3	3	29	26	15
St. Louis	9	6	1	2	35	23	14
Nashville	12	6	5	1	23	32	13
Winnipeg	12	5	5	2	30	34	12
Dallas	10	4	5	1	26	31	9

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	12	10	1	1	48	20	21
Anaheim	12	9	3	0	39	31	18
Vancouver	13	8	4	1	38	37	17
Phoenix	12	7	3	2	40	39	16
Los Angeles	11	7	4	0	33	29	14
Calgary	11	5	4	2	34	39	12
Edmonton	12	3	8	1	35	48	7

Note: Two points for a win, one point for overtime loss.

Sunday's results
San Jose 5 Ottawa 2
Tampa Bay 4 Florida 3 (SO)
Anaheim 4 Columbus 3
Winnipeg at Colorado
Edmonton at Los Angeles

Saturday's results
Phoenix 5 Edmonton 4
San Jose 2 Montreal 0
New Jersey 4 Boston 3
NY Rangers 3 Detroit 2 (OT)
Toronto 4 Pittsburgh 1
Tampa Bay 3 Buffalo 2
Philadelphia 5 NY Islanders 2
Winnipeg 2 Dallas 1 (SO)
Minnesota 5 Chicago 3
St. Louis 6 Nashville 1
Calgary 5 Washington 2

Monday's games — All Times Eastern
Dallas at Buffalo, 7 p.m.
Pittsburgh at Carolina, 7 p.m.
Montreal at NY Rangers, 7:30 p.m.
Chicago at Minnesota, 8 p.m.
Washington at Vancouver, 10 p.m.

MLB PLAYOFFS

WORLD SERIES
(BEST OF 7)

ST. LOUIS VS. BOSTON
(St. Louis leads series 2-1)
Sunday's result
Boston at St. Louis
Saturday's result
St. Louis 5 Boston 4
Monday's game — All Times Eastern
Boston (Lester 15-8) at St. Louis (Wainwright 19-9), 8:07 p.m.
Wednesday's game
St. Louis (Wacha 4-1) at Boston (Lackey 10-13), 8:07 p.m.

GOLF

PGA

CIMB CLASSIC
At Kuala Lumpur, Malayisa
Final Round — Par 72
x-Won on first playoff hole

x-Ryan Moore, $1,260,000	63-72-69-70—274 (4)
Gary Woodland, $756,000	68-70-67-69—274 (5)
Kiradech Aphibarnrat, $406,000	67-69-69-70—275
Chris Stroud, $406,000	67-69-68-71—275
Aaron Baddeley, $280,000	73-67-70-66—276
Jimmy Walker, $252,000	74-68-67-68—277
Graham DeLaet, $218,166	**72-67-68-71—278**
Harris English, $218,166	71-67-71-69—278
Charles Howell III, $218,166	69-72-69-68—278
Also:	
David Hearn, $14,070	**72-70-73-81—296**

CFL

WEEK 18

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Toronto	17	11	6	0	487	435	22
x-Hamilton	17	9	8	0	416	461	18
x-Montreal	17	7	10	0	436	451	14
Winnipeg	17	3	14	0	354	548	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Calgary	17	14	3	0	542	387	28
x-Sask.	17	11	6	0	493	368	22
x-B.C.	17	10	7	0	478	454	20
Edmonton	17	3	14	0	391	493	6

y — Clinched division title
x — Clinched playoff berth
Saturday's results
Calgary 29 Saskatchewan 25
Hamilton 27 Montreal 24
Friday's result
B.C. 43 Edmonton 29
Thursday's result
Toronto 36 Winnipeg 21

NFL

WEEK 8

Sunday's results
Kansas City 23 Cleveland 17
New Orleans 35 Buffalo 17
New England 27 Miami 17
Detroit 31 Dallas 30
N.Y. Giants 15 Philadelphia 7
San Francisco 42 Jacksonville 10
Oakland 21 Pittsburgh 18
Cincinnati 49 N.Y. Jets 9
Arizona 27 Atlanta 13
Denver 45 Washington 21
Green Bay at Minnesota
Monday's game — All Times Eastern
Seattle at St. Louis, 8:40 p.m.

MLS

Sunday's results
Houston 2 D.C. 1
New England 1 Columbus 0
New York 5 Chicago 2
Vancouver 3 Colorado 0
Los Angeles at Seattle
Saturday's results
Toronto 1 Montreal 0
Kansas City 2 Philadelphia 1
Portland 5 Chivas 0
San Jose 2 Dallas 1
(End of MLS Regular Season)

Horoscopes

♈ Aries
March 21 - April 20
You cannot expect to control each and every situation in life and if you do then disappointment is inevitable.

♉ Taurus
April 21 - May 21
Your energy and enthusiasm are high, thanks to the influence of Mars in the most dynamic area of your chart, but what you start you will be expected to finish, so don't take on too many new projects.

♊ Gemini
May 22 - June 21
You may be eager to get going and prove yourself but cosmic activity in the work and wellbeing area of your chart means you must not do too much.

♋ Cancer
June 22 - July 23
If you push too hard you may turn people against you. It will pay you to keep your activity limited, at least until midweek when the approaching influence of the eclipse will spur you into action. Save yourself for then.

♌ Leo
July 24 - Aug. 23
Set your sights high and don't accept second best. Some people, including those you love, may tell you that you should rein in your ambitions but that's nonsense.

♍ Virgo
Aug. 24 - Sept. 23
What you say and do over the next few days will, to a large extent, decide your fate for the remainder of the year. These are serious times and the universe has serious tasks for you to perform.

♎ Libra
Sept. 24 - Oct. 23
There are so many things you want to do but if you rush you may peak too soon, so pace yourself sensibly.

♏ Scorpio
Oct. 24 - Nov. 22
As far as you are concerned the world is divided into two kinds of people: winners and losers. You, of course, are one of life's winners and what you do over the next few days will prove it. Be brilliant!

♐ Sagittarius
Nov. 23 - Dec. 21
You may not care what the world thinks about you but if you are smart you will pay attention to what those closest to you say.

♑ Capricorn
Dec. 22 - Jan. 20
Listen to advice from friends and family but listen to your inner voice too. Whatever questions you may have, the answers can be found in your own heart as much as in the wider world – and they're more reliable.

♒ Aquarius
Jan. 21 - Feb. 19
The planets urge you to push your fears and doubts to one side and step boldly into the public domain. You may by nature prefer to stay out of the spotlight but you also have an important message for the world.

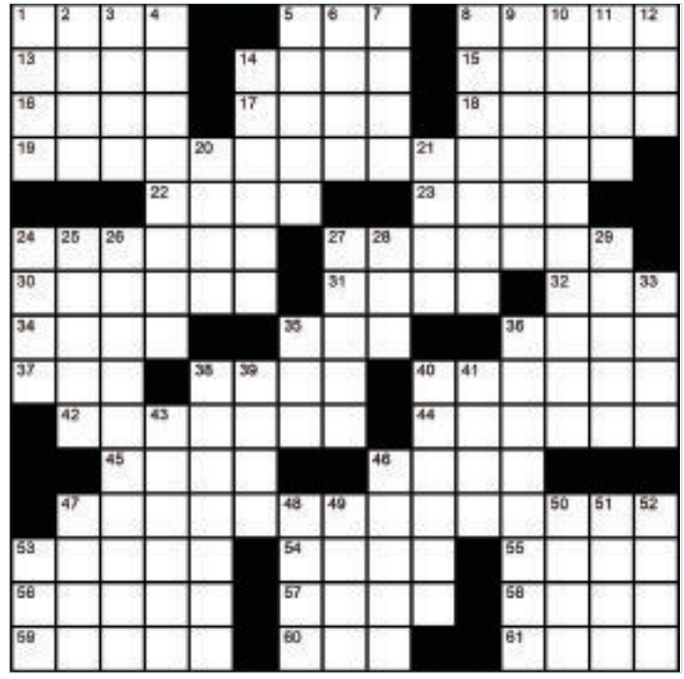
♓ Pisces
Feb. 20 - March 20
So many things are uncertain at the moment but one thing is for sure: whatever setbacks and upheavals you may encounter you will come up smelling of roses.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



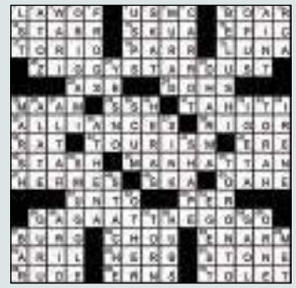
Across

1. Mike Myers' directorial debut, "Supermensch: The Legend of __ Gordon" (2013)
5. Canadian hwy. miles
8. Not __ __ (Not so distant)
13. __-hoop
14. TV series
15. Stage
16. "__ fair in love..."
17. Entreaty
18. Promotions guy, _ _ __
19. House of Commons time: 2 wds.
22. Tempo
23. Not a Teamster, e.g., __ _
24. Resist
27. 1972 Neil Young album
30. Bobby Vinton's "Roses __ (My Love)": 2 wds.
31. "I'd like _ __, please." (Bakery request)
32. Outlying
34. Cobblestone
35. Liq. measures
36. Towel dry
37. Full amount [abbr.]
38. India.__
40. Ms. Nicks
42. Miami rapper
44. St-__ (Canadian BBQ sauce brand)
45. Bible kid
46. Ms. Gilpin of "Frasier"
47. Canadian figure skating legend: 2 wds.
53. Camouflage colour
54. Antarctica's Prince __ Coast
55. "__, __ quiet!"
56. Rolling Stones album: '__ __ Bleed'
57. Remote button
58. Prince of Wales' motto, Ich __ (I Serve)
59. Walk leisurely
60. Dog or cat
61. Irish songstress

Down

1. NBA great Mr. O'Neal
2. Web streamer of TV series
3. Vogue competitor
4. Travel document issuer, __ Canada
5. Ms. Kardashian
6. Faucets company
7. Give and take
8. Sanction
9. Sacred structure
10. Women's Rights in Canada, late-1920s: Group behind the 'Persons Case' to give women the right to sit on The Senate: 2 wds.
11. "...take _ __ song and make it better." - The Beatles
12. Stimpy's pal
14. Made the recipe 'hot'
20. Zap with a stun gun
21. "Just you wait, '__ 'iggins..." - Eliza Doolittle
24. Brewer's kiln
25. Before surgery, informally
26. Dress parts in history
27. Eyes colour
28. MGM's motto, __ Gratia Artis
29. South America animal
33. Jackie Wilson's "__ Petite"
35. Vegetable __
36. Installment of an online TV series
38. Skill
39. Old Scandinavian symbol
40. Bundle wheat
41. Go sour
43. Silent film successor
46. __ & Whitney Canada (Aircraft engine company)
47. Vincent's art world brother
48. Frolic
49. Hint
50. Sparse
51. Comply
52. "99 Luftballons" singer
53. Alphabet sequence

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1								3
	7	8		4		1	9	
6		9				7		2
		6	3		1	9		
		5	8		7	2		
9		7				4		8
	8	1		6		5	3	
4								1

Friday's Sudoku

Today
-4°/-12°
Sunny

Tuesday
1°/-4°
Sunny

Know what the weather will be 14 days from now.
Check the 14 day trend.

©The Weather Network 2013

DriveNation 806 Circle Dr E 306.659.6000
The highest approval rate in Saskatchewan!
Apply 24/7 online at drivenation.ca
Huge selection of Cars, Trucks, & SUVs!

flurries
Flurries Sheepskin is looking for 4 full-time Sales Reps to sell shoes and apparel in Market Mall, 2325 Preston Ave, Saskatoon, Sk.
$10.95 per hour plus bonuses and commission.
No experience required
Email resume to flurriessk@gmail.com

Saskatoon, SK
306-261-6171
JP Cleaning
"Leave the cleaning up to us"
info@jpcleaning.ca
www.jpcleaning.ca
Daily, Weekly & Monthly cleaning for Residential and Commercial Properties

metro
11:05 AM
School boards urged to find low-cost options for full-day kindergarten
African Canadian Legal Clinic honours youth
Toronto choir school to perform for the new Pope
Winter storm grounds dozens of flights at Pearson Airport

Download Canada's top rated newspaper app today

★★★★½

"I love this app, it keeps me up to date with what's going on in the city and around the world."

– NB

Google play

SOURCE: Based on average rating on the Google Play™ store as of February 11th, 2013 from 1892 ratings compared to all other Canadian newspapers. Google Play is a trademark of Google Inc.

metro